

CITY COLLEGE, KOLKATA

LIFE SKILL DEVELOPMENT PROGRAM (Gymnasium)

The college provides the students with a gymnasium. We have a gym instructor appointed there for guiding the students. Mr Amitabha Chatterjee, the gym instructor guides the students there. A register of entry and exit of the students for the gym is well-maintained. The students are encouraged and they regularly visit the gymnasium. The modern equipments, like treadmill, hammer strength, bench-press, pull-over, leg-press, chin-up press, dumbbell-press have installed in the gymnasium to facilitate the body-building practice.

2019-20:

PHOTOGRAPHS:





Attendance Register:

11-01-2020

01.	Ashish phoria	B.A (H)	8102	12:30	
02.	Gaurab Saha	B.A (H)	1610	1:30	

07-02-2020

1	Pras Basak	B.A (G)	3914	1:55	2:30
2	Suman Dutta	B.A (G)	3997	1:55	2:30
3	Akashnil Das	B.A (G)	3838	1:53	
5	Subhojit Dutta	B.A (G)	3266	12:30	2:30

19-02-2020

1	Rupiya Mallick	B.A (G)	4709	12:30	1:55
2	Gaurab Rana	B.A (G)	4733	12:30	2:00
3	Subhojit Dutta	B.A (G)	3266	12:30	2:30
4	Gaurab Saha	B.A (G)	1610	12:30	2:30
5	Pratik Kumar Maji	B.A (G)	4214	1:50	2:30
6	Pras Basak	B.A (G)	3914	2:30	3:30

02-03-2020

1	Prasenjit Nayak	B.A (H)	2919	1:00	
2	Gaurab Saha	B.A (H)	1610	1:00	
3	Subhojit Dutta	B.A (H)	1610	1:00	
4	Sayanika Sarkar	B.A (H)	2010	1:00	
5	Pratik Kumar Maji	B.A (H)	4214	1:50	
6	Pratik Kumar Maji	B.A (H)	4214	1:50	
7	Pratik Kumar Maji	B.A (H)	4214	1:50	
8	Pratik Kumar Maji	B.A (H)	4214	1:50	
9	Pratik Kumar Maji	B.A (H)	4214	1:50	
10	Subhojit Dutta	B.A (H)	3266	1:00	

06-03-2020

Name	Class	Roll	Time	Time
Ashish Mallick	2nd Sem	2929	12:30	1:55
Pratik Kumar Maji	2nd Sem	2016	12:30	1:30
Gaurab Saha	2nd Sem	2020	12:30	1:31
Subhojit Dutta	2nd Sem	1806	12:30	1:35
Pratik Kumar Maji	2nd Sem	2003	12:30	1:35
Akashnil Das	2nd Sem	2020	12:30	1:40
Jyotirmoy	2nd Sem	3838	12:30	2:15

11-03-2020

Jyotirmoy Sarkar	4th Sem	1202	12:57	1:47 PM
Subhojit Dutta	4th Sem	3266	1:00	2:00

12-03-2020

Subhojit Dutta	B.A (G)	3266	12:30	3:30
Pratik Kumar Maji	B.A (H)	2929	1:15	
Pratik Kumar Maji	B.A (H)	2914	1:15	
Dip Chakraborty	B.A (G)	3812	2:12	3:00
Ashish Mallick	B.A (G)	3838	2:12	3:00
Subhojit Dutta	B.A (G)	3266	2:30	3:30

14-03-2020

Ashish Saha	B.A (H)	2016	1:05	1:27
Gaurab Saha	B.A (H)	1610	12:30	1:10
Subhojit Dutta	B.A (H)	3266	12:30	2:30
Pratik Kumar Maji	B.A (H)	2018	12:30	12:30
Pratik Kumar Maji	B.A (H)	2914	1:15	2:00